

# Trying to figure out where to start?

Here's a quick view of the in-home healthcare services that may work for you or your loved one.



## HOME HEALTH CARE

**What is it?** Skilled services provided by nurses, therapists, and other highly-trained clinicians who help people recover and regain their independence – in whatever setting they call home. Physicians refer patients to home health care and provide direction and feedback throughout the home health visits.

**Who is it for?** People returning home after a hospital stay or post-operation, managing a serious or chronic disease, or dealing with multiple diagnoses or co-morbidities.

### What is provided?

- Skilled nursing services
- Therapies
  - Occupational
  - Physical
  - Speech
- Medication Management
- Nutrition Management
- Teaching and Training

**To learn more, find a provider near you and call today.**



## HOSPICE CARE

**What is it?** Compassionate care and comfort for patients, and their loved ones, when a cure is no longer possible. Hospice care is centered on caring for the whole person and their family, focusing on quality of life through clinical, emotional, and spiritual care and support.

**Who is it for?** Hospice provides care and support for those with a life expectancy of six months or less.

### What is provided?

- Physician services
- Nursing services
- Pain management
- Educational tools
- Social services
- Bereavement services
- Spiritual care and support

**To learn more, find a provider near you and all today.**



## Personal Care

**What is it?** Skilled and/or unskilled care and services to help people remain safe and independent at home – and to provide support for their caregivers.

**Who is it for?** People who need additional support – no matter where they call home.

### What is provided?

- Home health aides
- Caregiver respite
- Companionship
- Chore services/homemakers
- Errand services

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