



**9 a.m. to 4 p.m.  
Saturday, June 10, 2023  
Binder Park Pavilion  
5840 Rainbow Drive  
Jefferson City, MO 65109**

Camp Courage is a one-day grief retreat for children ages 5-12 who have experienced the death of a loved one. Through the camp, children will find new ways to identify and express their grief through a variety of activities, including making memory boxes, reading books, releasing butterflies and more. Staffed by professionals and trained volunteers, Camp Courage is free of charge.

Each camper will be paired with a volunteer to provide companionship, support, and supervision throughout all activities for the duration of the day. Parents and caregivers are encouraged to attend the morning session. We provide a support group to help parents/caregivers with their grief.

Camp Courage exists to:

- Provide children with a safe place to express their grief
- Engage children in special activities to help normalize their feelings
- Help children experience a sense of togetherness with other children who have lost loved ones
- Promote communication between children and their parents regarding their loss, as well as provide resources to parents

**For more information, please call 573.681.3750 or email [amy.schnoebel@lhcgroup.com](mailto:amy.schnoebel@lhcgroup.com). To register go to [lhcgroup.com/camp-courage-bereavement-camp](http://lhcgroup.com/camp-courage-bereavement-camp). Deadline to register is Tuesday, May 31, 2023.**



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