

How do I talk to my patient about home and community based services?

When it's time for rest and comfort, there truly is no place like home.

This is especially true when managing the challenges of a chronic disease or recovering from an illness or injury. Home and community based services help patients maintain their independence in the comfort and privacy of home.

A home and community-based services caregiver acts as a personal assistant. Caregivers will come to a patient's home or assisted living facility and help with day-to-day needs. They are homemakers, bath aids, live-in companions, home care aides, and personal attendants.

Care can be provided 24 hours a day, seven days a week, 365 days a year. We work with patients and families to tailor caregiver schedules specifically to your needs.

Services include:

- Assistance with grooming, bathing, and dressing
- Medication reminders
- Meal preparation and assistance with feeding
- Light housekeeping
- Respite care
- Caring companionship and socializing
- Errand services (grocery store, post office, etc.)
- Transportation (doctor's appointments, church services, hair appointments, etc.)
- Mobility, transferring, and positioning assistance
- Toileting or incontinence care
- Oral hygiene
- Sitting with hospitalized patients

Contact your local provider today for more information.
